

**Julia (Ioulia) Grapsa MD, PhD, FRCP,
FEACVI, FESC, FACC, FASE**



Current positions:

- Consultant Cardiologist, Guys and St Thomas NHS Hospitals Trust (valvular heart disease and imaging)
- Lead for tricuspid imaging, St Thomas Hospital
- Associate Professor in Cardiology, Kings College London

Current positions – non NHS related:

- Medical echo lab analyst – Cardiovascular Research Foundation
- Senior editor – digital media & videos, EHJ- IMP
- Chair Women in Imaging Task Force, EACVI, ESC
 - Multicenter prospective imaging study on coronary microvascular disease
 - MINOCA European registry
 - Grants for women from low income countries to train in European Centers – under GE sponsorship
- EACVI Scientific documents committee 2022-2024
- EAPCI Scientific programmes committee 2022-2024
- HFA Scientific Committee on Imaging & Diagnosis 2022-2024
- HFA Scientific Committee on Structural Heart Disease 2022-2024

- ASE Women in echo committee
- EuroPCR Tricuspid study group member
- Women as One ESCALATOR program faculty member
- Women as One – CLIMB Program – Structural Imaging Co-Director (with Dr Marta Sitges)

American College of Cardiology – duties (up to September 2023 – end of contract)

- Editor in chief, JACC Case Reports
- Associate editor, JACC
- Founder, JACC Case Reports Mentoring Program
- Responsible for special issues, social media, podcasts

Current research projects:

1. Comparison of right heart remodelling in percutaneous TEER (Triclip) versus tricuspid repair in hemodynamically significant tricuspid regurgitation: correlation of tricuspid fibrosis with biomarkers
2. Mitral valve prolapse & mitral annular disjunction study (with Prof Amedeo Chiribiri) – undergoing

Imaging skills:

- Have performed more than 20.000 transthoracic echoes myself
- Have performed more than 1000 transesophageal echoes & more than 2500 stress echoes
- CT level 2
- CMR level 1

Educational portfolio:

Current positions:

1. Chair of EACVI women in cardiovascular imaging task force
 - a) Established the first grant for training for women from low-mid income countries – first recipient : Dr Joy Oshun from Nigeria
 - b) The grant recipient will have ongoing mentoring after the end of their grant , by a group of EACVI experts
 - c) Founded the “brainstorming” meeting where colleagues present ideas/projects and this task force supports them. At the moment, 3 projects are being processed as an outcome of last September’s brainstorming meeting
 - d) Survey on women in cardiovascular imaging
 - e) MINOCA registry
 - f) Prospective study on coronary microvascular dysfunction
 - g) Monthly newsletter where we interview colleagues from EACVI

2. EAPCI committee member for scientific programme 2022-2024
3. HFA structural heart disease committee 2022-2024
4. HFA imaging and biomarkers committee 2022-2024
5. EACVI Scientific Documents committee 2023-2025
6. Past member of EACVI TTE certification committee
7. Grader of EACVI grants
8. Chair of ESC clinical case gallery, ESC education
9. ESC Social Media founding member - 2015
10. Have served as ESC education committee member
11. Have served as ASE education committee member
12. Through my position as associate professor in cardiology, at Kings College I am involved at undergraduate teaching. Furthermore I have 2 clinical (Dr Cagla Ackay and Dr Silvana DMAio) and one research fellow (Dr Oksana Marchenko) under my supervision. Dr Marchenko has received a grant by the British Academy (95.000 UK pounds). I have a clinical and a research fellow every year

Training/hands on courses (organised or faculty)

- Hands on echocardiography course – 2013, Athens, Greece
- Teaching course in echocardiography – 2014, Sofia, Bulgaria
- HIT course on multimodality imaging & structural heart disease, 2014, Athens, Greece
- Fundamentals in echocardiography course, 2014, Dubai, UAE
- Pulmonary Hypertension – next generation course – 2015, London, UK
- HIT course on hands on – 2015, Antalya, Turkey
- Cardiology & Art – 2016, Athens, Greece
- Echo for Heart Muscle Disease (a practical course) – 2017, London, UK
- Stress echo course, 2017, London, UK
- Mitral valve course 2017, New York, US
- Transesophageal echocardiography course, 2018, London, UK
- Cardiology course for general practitioners, 2018, London, UK
- Simulation heart failure clinical cases through Bodyinteract – representing ESC/HFA 2016-2018 during HFA and ESC congresses

- PCR online – teaching course on structural imaging – 2020 virtual
- Infective endocarditis – clinical cases – 2021 – London, UK
- London Shock 2022, Zurich Heart House
- BSE training course on transesophageal echocardiography – 2021, London, UK

- Faculty – Zurich Echo course – 2016 till 2023
- Faculty – Imaging and structural heart disease – organised by HIT Greece – 2018-2023
- ACC Clinical Trials Course – Tutor 2021-2022
- ACC International Scholars -Tutor
- EACVI TOE Hands on
- Director, PCR Tricuspid Referral London Meeting
- Faculty, ACC / AHA / PCR London Valves / EuroPCR meetings

Faculty in meetings (as per lectures):

- Faculty – EACVI /Euroecho imaging meeting 2008 until now
- Faculty – ESC 2008 until now
- Faculty – HFA 2016-2020
- Faculty – ACC 2007-now
- Faculty – AHA 2006-now

Awards:

- 2018 Saids Oxford Business School – ESC award for Womens Transformation Leadership Programme
- CLIMB 2021 award for structural imaging – Women as One
- ACC Clinical Trials course award - 2019
- Award for ESC young investigator – 2012
- Actelion educational award – this supported the booklet on echocardiography in pulmonary hypertension
- Recipient of ESC research grant -2008 Recipient of ESC training grant -2013 High score abstract Euroecho 2011 & 2012
- Guidelines for echocardiography in pulmonary hypertension – presented as highlight of ESC 2009

Past positions:

- Consultant Cardiologist, Barts Health Trust (valvular heart disease, imaging and general cardiology)
- Lead, Echocardiography Cardiology, Royal London Hospital
- Associate Professor in Cardiology, University College of London
- Member of the education committee, American Society of Echocardiography
- Associate Professor, Cleveland Clinic Lerner School of Medicine
- Attending cardiologist, Cleveland Clinic Abu Dhabi

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Clinical skills:

Expertise in valvular heart disease and echocardiography

- Perioperative imaging – TTE/TEE/stress echo
- Cardiac CT level 2
- CMR level 1
- Responsible for training in transthoracic and transesophageal echocardiography (Barts, Royal London, Cleveland Clinic Abu Dhabi, GSTT)
- Stress echocardiography in valvular heart disease (Barts, Hammersmith, Royal Brompton, MGH, Cleveland Clinic Abu Dhabi, GSTT)
- Exercise echocardiography (supine bicycle & treadmill)
- Perioperative imaging (TAVI, MitraClip, Paravalvular leak closures as well as all surgical procedures) (Hammersmith, Royal Brompton, Cleveland clinic Abu Dhabi)
- Working for 9 consecutive years in valve clinics
- Have worked with all major softwares for valve reconstruction

Training:

- 03/2020 – now: Consultant Cardiologist, Guys and St Thomas NHS Trust
- 09/2018-03/2020: Consultant Cardiologist, Barts Health Trust Lead of the echocardiography department, Royal London Hospital
- 07/2016-09/2018 – Consultant Cardiologist, Cleveland Clinic Abu Dhabi
- 10/2015-07/2016 – Structural imaging specialist, Royal Brompton Hospital
- 15/02/2015 – 05/07/2016: Honorary Clinical Senior Lecturer in Cardiology, Imperial College of London
- 16/05/2014 – 05/07/2016: Private Practice: Consultant Cardiologist, New Victoria Hospital
- 16/05/2014 – 31/10/2015: Locum Consultant Cardiologist for Non-Invasive Cardiology, Kingston Hospital (supervisor: Dr. Tapesh Pakrashi, Lead of Cardiology, Kingston Hospital)
- 05/12/2014 – 06/12/2016: Chair of European Association of Cardiovascular Imaging young community (responsible officer: Professor Patrizio Lancellotti and Professor Gilbert Habib, Address: European Heart House, European Society of Cardiology, 2035 Route des Colles, Sophia Antipolis, 06903, France)
- 05/08/2013 – 16/05/2014: Locum & subsequently substantive consultant Cardiologist for NonInvasive Cardiology, Pulmonary Hypertension and Heart Failure – Papworth Hospital & Queen Elizabeth Hospital (responsibilities: heart failure service, community service, cardiac rehabilitation service, non-invasive imaging)

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Past research projects:

- Prognostic imaging indexes for idiopathic pulmonary hypertension: the use of real time three dimensional echocardiography and cardiac magnetic resonance (2006-2011)

Retrospective study of pulmonary hypertensive patients: survival and echocardiographic indices (2008-2011)
- Participating into SEAS trial (2006-2008)
- Study of the hemodynamic state of tricuspid endocarditis in pigs (one stage valve replacement – off pump) (2003-2005)
- Cardiovascular diseases and EUROSCORE index (2003-2005)
- Study on aortic coarctation, balloon angioplasty and surgery (2002-2004)

- Ventricular remodelling and association with type of bariatric surgery in obese patients: study with speckle tracking and biomarkers (Charing Cross Hospital – St Marys Hospital) – final phase
- Strain on mitral valve apparatus: comparison of strain between mitral surgical repair and percutaneous mitral valve clip – to be written up as paper
Study of right ventricular dysfunction in obese patients with obstructive sleep apnoea

Teaching Material Produced

BSE guidelines on imaging and pulmonary hypertension –British Society of Echocardiography – 2009 (updated manuscript 2018)

Teaching to echocardiography sonographers and colleagues – Cleveland Clinic Abu Dhabi

Cardiology Preceptorship Scheme – reaching the community (General Practitioners)

ASE guidelines on right heart (under preparation)

Echocardiography Educational Series, Barts Health & Guys and St Thomas NHS Trust

Books/Book Chapters

1. **Grapsa J et al.** BSE guidelines on echocardiography in pulmonary hypertension. British Society of Echocardiography.
2. **Grapsa J et al.** Mitral Clip: imaging chapter. ASE Dynamic Echocardiography 201
3. **Grapsa J et al.** Right atrium. ASE Dynamic Echocardiography 2015 & 2019 & 2021
4. **Grapsa J et al.** Right ventricular assessment. EACVI Textbook of Echocardiography 2016 (2nd edition)

Publications:

1. [Tricuspid Regurgitation: From Imaging to Clinical Trials to Resolving the Unmet Need for Treatment.](#) Grapsa J, Praz F, Sorajja P, Cavalcante JL, Sitges M, Taramasso M, Piazza N, Messika-Zeitoun D, Michelena HI, Hamid N, Dreyfus J, Benfari G, Argulian E, Chieffo A, Tchetché D, Rudski L, Bax JJ, Stephan von Bardeleben R, Patterson T, Redwood S, Bapat VN, Nickenig G, Lurz P, Hausleiter J, Kodali S, Hahn RT, Maisano F, Enriquez-Sarano M. JACC Cardiovasc Imaging. 2023 Sep 20:S1936-878X(23)00418-7. doi: 10.1016/j.jcmg.2023.08.013. Online ahead of print. PMID: 37731368 Review.
2. [Right Ventricle: Innocent Bystander or Wolf in Sheep's Clothes?](#) Grapsa J, Enriquez-Sarano M. JACC Case Rep. 2023 Sep 6;21:101952. doi: 10.1016/j.jaccas.2023.101952. eCollection 2023 Sep 6. PMID: 37719291 Free PMC article. No abstract available.
3. [Right Heart Dysfunction in HFpEF: More Complex and More Common Than We Thought.](#) Grapsa J, Pinney SP. J Am Coll Cardiol. 2023 Aug 8;82(6):500-502. doi: 10.1016/j.jacc.2023.05.049. PMID: 37532419 No abstract available.
4. [Current role and future perspectives of artificial intelligence in echocardiography.](#) Vidal-Perez R, Grapsa J, Bouzas-Mosquera A, Fontes-Carvalho R, Vazquez-Rodriguez JM. World J Cardiol. 2023 Jun 26;15(6):284-292. doi: 10.4330/wjc.v15.i6.284. PMID: 37397831 Free PMC article. Review.
5. [Predictors of Outcome in Patients with Pulmonary Hypertension Undergoing Mitral and Tricuspid Valve Surgery.](#) Kew EP, Caruso V, Grapsa J, Bosco P, Lucchese G. Medicina (Kaunas). 2023 Jun 7;59(6):1103. doi: 10.3390/medicina59061103. PMID: 37374307 Free PMC article.
6. [JACC Journals' Pathway Forward With AI Tools: The Future Is Now.](#) Fuster V, Bozkurt B, Chandrashekar Y, Grapsa J, Ky B, Mann DL, Moliterno DJ, Shivkumar K, Silversides CK, Turco JV, Wang J.

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7. [JACC Journals' Pathway Forward With AI Tools: The Future Is Now.](#)
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 8. [JACC Journals' Pathway Forward With AI Tools: The Future Is Now.](#)
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 9. [JACC Journals' Pathway Forward With AI Tools: The Future Is Now.](#)
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 15. [2022 Year in Review: Countdown of the Best Manuscripts in 2022.](#)
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 16. [High-Risk Pulmonary Embolism During Labor: JACC Patient Care Pathways.](#)
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 17. [Multimodality Imaging in Valvular Structural Interventions.](#)

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18. [Be Good...But Not So Good](#). Grapsa J. JACC Case Rep. 2023 Jan 4;5:101703. doi: 10.1016/j.jaccas.2022.101703. eCollection 2023 Jan 4. PMID: 36636507 Free PMC article. No abstract available.
 19. [Valvular heart diseases in women: facts vs. incantations](#). Enriquez-Sarano M, Grapsa J. Eur Heart J. 2023 Mar 7;44(10):833-835. doi: 10.1093/eurheartj/ehac774. PMID: 36610069 No abstract available.
 20. [How to Write Your First Clinical Case Report](#). Grapsa J. JACC Case Rep. 2022 Nov 2;4(21):1456-1458. doi: 10.1016/j.jaccas.2022.09.016. eCollection 2022 Nov 2. PMID: 36388705 Free PMC article. No abstract available.
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 22. [European survey on valvular heart disease clinical experience from the European Society of Cardiology council on valvular heart disease](#). Sannino A, Campbell S, Grapsa J, Modine T, Barbanti M, Chambers JB, Zamorano JL, Pibarot P, Garbi M, Vannan M, Habib G, Lancellotti P. Eur Heart J Open. 2022 Sep 2;2(5):oeac054. doi: 10.1093/ehjopen/oeac054. eCollection 2022 Sep. PMID: 36262770 Free PMC article.
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 27. [Transcontinental Cooperation of Cardiologists: Caring for Difficult Valvular Cases Supported by "LaChainede-l'espoir" and "United-Surgeons-For-Children"](#). Enriquez-Sarano M, Vahanian A, Fremont D, Langanay T, Dcaffe S, Koivogui Kokoulo J, Grapsa J, Deloche A.

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